



MSI Conference 2025

Midlife Health Matters:
Invest Now, Save Later

Saturday 13th September
Dublin Royal Convention Centre

08:00 - 09:00

Registration

09:00 - 09:15

Opening Address

Dr Clare Cromwell

GP, Menopause Specialist at
Mater Private Hospital Cork,
Dept. of Gynaecology at CUMH
& Co- chair of the MSI

Dr Caoimhe Hartley

GP, Menopause Specialist & Clinical Lead,
Rotunda Hospital, Complex Menopause
Service, Clinical Lead Women's Medicine,
Blackrock Health Women's Health Centre
and Co- Chair of the MSI

09:15 - 09:45

Contraception Choices in Perimenopause

Dr Paula Briggs

Immediate Past President of the British Menopause Society
Sexual and Reproductive Health Consultant, Liverpool

09:45 - 10:15

Gynaecology & Oncology

Dr Michael O' Leary

Consultant Obstetrician and Gynaecologist, Galway

10:15 - 10:45

Progestins in HRT

Prof Petra Stute

Deputy Director of Gynaecological Endocrinology and Reproductive Medicine
President of the European Menopause and Andropause Society
Bern University Hospital

10:45 - 11:00

Q&A Session

11:00 - 11:15

Tea & Coffee Break

11:15 - 11:45

Migraine in Menopause

Prof Ann MacGregor

Specialist in Headache and Women's Health, St Bartholomew's Hospital,
London

11:45 - 12:15

Management of Diabetes in Midlife

Dr Lisa Owens

Consultant in General Medicine, Endocrinology and Diabetes,
St James's Hospital, Dublin

12:15 - 12:45

HRT & CVD - Where Do We Stand With Primary Prevention?

Dr Ciara Mahon

Consultant Cardiologist, St Vincent's University Hospital, Dublin



Registration open now
[Click here to reserve your spot](#)





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12:45 - 13:00 Q&A session

13:00 - 14:00 Lunch & Poster Competition

14:00 - 14:45 **Case Studies & Prescribing Dilemmas**

Dr Paul Ryan

GP and Pharmacist,
Founder of GPConsult.ie
and Prescription Revision,
Mayfield, Cork

Catriona Keye

Advanced Nurse Practitioner in
Menopause, Scholarstown Family
Practice

14:45 - 15:15 **Dryness, Discomfort and Dyspareunia - What You Need To Know**

Shalini Wiseman

Chartered Physiotherapist in Women's health at Pelvic Health Programs,
Cork Clinic


15:15 - 15:45 **The Science of Weight in Menopause: Myths, Mechanisms and Management**

Dr Michael Crotty

GP specialising in Obesity Medicine
ICGP Clinical Lead in Obesity

15:45 - 16:00 Q&A session

16:00 Closing Address



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