

# Conference Agenda

8:30 - 9:00 Registration

9:00 - 9:15 Welcome Address

**Dr Caoimhe Hartley**

GP, Menopause Specialist & Trainer, Founder at Menopause Health and Complex Menopause Clinic Rotunda Hospital, & Co-chair Menopause Society of Ireland

**Dr Clare Cromwell**

GP, Menopause Specialist at Mater Private Hospital Cork, Dept. of Gynaecology at CUMH, Founder at Dr Clare Cromwell Menopause Clinic, & Co- chair Menopause Society of Ireland

Session One

*Chaired by Dr Caoimhe Hartley & Dr Clare Cromwell*

9:15 - 9:45

**"Menopause in Ireland - Where we were and where we are going"**

**Dr Deirdre Lundy**

Clinical Lead of the Complex Menopause Clinic, The National Maternity Hospital, Holles Street, Dublin

**Dr Tanya Mulcahy**

Director of Health Innovation Hub Ireland and FemTech Ireland  
Founder

9:45 - 10:15

**"NICE guidelines update: Diagnosis and management of menopause (NG23). What does this mean in practice?"**

**Mr Haitham Hamoda**

Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery, King's College Hospital, London; Trustee – British Menopause Society

10:15 - 10:45

**"The potential roles of the General Practice Nurse in menopause care"**

**Cats Keye**

Advanced Nurse Practitioner with a special interest in Menopause

10:45 - 11:05

Q&A, Tea & Coffee

Session Two

*Chaired by Dr Nicola Cochrane & Dr Brenda Moran*

11:05 - 11:35

**"Cardiology and Menopause"**

**Dr Susan Connolly**

Consultant Cardiologist at University Hospital Galway



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**11:35 - 12:05** "Management of osteoporosis in the menopausal patient"

**Dr Nicola Ambrose**

Consultant Rheumatologist, St James' Hospital, Dublin

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**12:05 - 12:25** "Management of sleep disorders in the menopausal patient"

**Dr Teresa Tracy**

SpR in Obstetrics and Gynaecology

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**12:25 - 12:45** Q&A

**12:45 - 13:45** Lunch and Poster Competition

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Session Three

*Chaired by Dr Aoife Nic Shamhrain & Dr Karen Soffe*

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**13:45 - 14:15** "Who Wants to be a Menopause Specialist" interactive session

**Dr Brian Kennedy**

GP, Menopause Specialist and Clinical Lead of Complex Menopause Clinic in University Hospital, Limerick

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**14:15 - 14:45** "Systemic HRT, vaginal oestrogen and breast cancer"

**Ms Jo Marsden**

Retired Breast Surgeon, Kings College Hospital, London, President of British Association of Day Surgery

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**14:45 - 15:15** "Menopause and Low Mood - a Biopsychosocial Approach"

**Dr Aideen Moran**

Consultant Psychiatrist and associate Dean Clinic, St Patricks University Hospital

**Dr Iulia Dud**

Consultant Psychiatrist General Adult and Intellectual Disabilities, Highfield Hospital, Senior Lecturer, Royal College of Psychiatry

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**15:15 - 15:45** "Management of PMS/PMDD in Perimenopause"

**Professor Nick Panay**

Consultant, Gynaecologist, Subspecialist in Reproductive Medicine, Imperial College Healthcare NHS Trust, London; Professor of Practice, Imperial College London, President - International Menopause Society; Member - British Menopause Society medical advisory council

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**15:45 - 16:00** Q&A & Close

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